

Inspirational Speaker
Feel and Perform
at your Best!

Angela Buttimer

Inspirational Speaker
TEDx Speaker

Motivational Speaker with a background and graduate degree in Behavioral Psychology – specializing in Workplace Behaviors and Dynamics including Leadership, Mindfulness, Emotional Intelligence and Organizational Change

STRESS LESS WHILE PRODUCING
AND PERFORMING AT YOUR BEST

About Angela

Whether Angela is delivering a keynote, speaking to the media, or working with coaching clients, style is authentic, relatable and inspiring. She helps people stress less while improving performance, profits and productivity. With Angela's extensive background and experience in psychology, she has a deep understanding of human behavior and how to help other feel, perform and live at their best. When you hire Angela, you can expect an impactful, informative, and inspiring experience!

Book Angela for your next speaking event!

404-949-9500

angela@path tob estself.com

Topics

- Zen and Zang of Effective Leadership
- Inspired to Action: Effective Leadership Solutions
- The 4 C's of Mindful Mojo
- THRIVE with Mindful Mojo
- Strengthening Resilience During Change
- Leveraging the Science of Emotional Intelligence and Mindfulness for Optimal Results
- Full Spectrum Wellness
- Customized Programs

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She customizes presentations for YOU! See What They're Saying! Angela took our idea and ran with it from start to finish. Her openness to our ideas and input to our topic were exceptional. Her presentation style was lively and engaging.
Bryce Walker, YPO San Antonio

TESTIMONIALS

Sought after thought leader who is masterful in her delivery – highly recommend her for your next event!

– Tom Cramer, CEO Groups – Brain Trust

Angela delivered an impactful and engaging keynote that offered actionable strategies, fun audience interactions and participation, and reflective, meaningful stories. She listened to and understood the needs for our event and helped to make the evening both substantial and celebratory!

– Sue Palmer, Events Manager, Clarion Events

Useful actionable strategies based on our leadership participation feedback

– Jackie Noonan, Cox Communications

Masterful in bringing mindfulness to the workplace to the most hardened skeptic

– Danica Kombol, Everywhere Agency

Completely professional, organized, eloquent and incredibly thought provoking.

–Nita Stallard, Aetna

Great speaker who is willing to deep dive into the interests of the audience and incredibly easy to work with as a meeting planner

– Sophia Bauer

Soulful, funny, engaging, and inspirational.” **–Carolyn Helmer
Director, Chapman Cancer Wellness Piedmont Healthcare**

Phenomenal! I recommend Angela without reservation!”

– Susan Powell, Founder/General Manager, Good Living Real Estate/Keller Williams

Her connection with the remote audience and messaging were inspiring and had an impact resonating with our group. We would highly recommend Angela as a speaker!

– Lynn Anderson, Buckhead Professional Women's Association

Her recommendations are always spot on! **–Waldo Waldman, The Wingman**

Our faculty and staff have also reported that they now have tools to better handle change and transition in the workplace.

–Donna Riley, Georgia Tech

She was fantastic - knows her stuff and made it easy for participants to find practical ways to take action.

– Victoria Inman, Jabian Consulting

Received with glowing comments from our nurses. Utilizing humor, storytelling and research-based practices, the audience was completely engaged. The material she presented not only lifted them up but will have a positive and pragmatic impact on the culture in our healthcare system”

– Brandi Simpson, PAH Nursing Shared Governance, Piedmont Healthcare



The Media Loves Angela

